



# SOLABOSC

*life beneath the trees*

Family show with music and movement, suitable from 12 months and up

[www.inspirateatre.com](http://www.inspirateatre.com) · [info@inspirateatre.com](mailto:info@inspirateatre.com)

+34 626 695 242 (Gemma)

# Team

Original idea: Esther Westermeyer

Actresses: Laia Piró, Neus Umbert and Esther Westermeyer

Direction: Claudia Moreso

Musical direction and composition: Viv Manning

Lighting design: Guillem Bonfill

Scenography: Xavier Erra

Scenography construction: Taller Jorba-Miró

Costumes: Rosa Solé

Production: Inspira Teatre

Executive production: Gemma Ros

Photography: Ana Zaragoza and Txus Garcia Roca

Video: Arian Botey (Videostudi)

Co-production: FIM Vila-seca. Fira de música emergent i familiar

Special thanks: Bernat Erra, Jan Erra, Àlex Cabrer, Eli Guasch

Residencies: CC Zona Nord, Sat! Sant Andreu Teatre y La Sala

With the support of: ICEC

Project granted with the Beca Barcelona Crea

Show suitable for children from 12 months and up.

Text-free visual extravaganza with music and movement.

Duration: 35 minutes + 10 minutes of interaction.

Performance space: 7mx6m; minimum height 5m.

Maximum capacity: 80 people on the stage, as long as the space allows it.





## Synopsis

The forest is a wonderful place, a place of belonging, where we can explore and play with our friends. The treasures which we will encounter in this enchanted world are limitless, if only we are open to listen, see, smell and feel the magic of the live forests.

## Inspira Teatre

The company Inspira Teatre was founded in 2011 by Esther Westermeyer, musician, actor and teacher. She, together with an extremely talented team of artists and technicians, creates shows based on the art of the rhythm and the voice. Performing close to the audience and always maintaining a double gaze: "one towards our sould and another one towards the outside world, to keep in mind who we are communicating with".



# The project

Sotabosc is a musical and theatrical creation aimed at a very young audience, from 12 months old.

Children naturally come to the theater with their families and caregivers; it is for this reason that the show, even in its simplicity, has many layers of interpretation, so that all ages can revel in its delights.

Playing with voices, the unmistakeable and fundamental signature of the company is wholly present throughout.

It is a very evocative show, a composition of textures which stimulates the audience's creativity. Children will leave inspired, full of ideas which will later shape their play, especially in natural environments.

The show intends to connect culture with nature and our environment, with our forests. Nature is our home, it is where we belong. Only by knowing and feeling that we are part of it, we can learn to love it and take care of it.

## The music

The show springs from the organic sounds of our forests, taking these as a starting point for the music composition (steps, leaves, wind, insects, little animals, rivers, stones, rain, birds, seeds...).

The music was composed concurrently to the movements and scenes to achieve a total integration with the shapes, the movements, the looks, the intentions.

The soundtrack runs through the whole show, with diverse and well crafted themes that create a unity because the composer, Viv Manning, leaves her mark on each one of them.









## Look around, listen to the day

Step along the way now,  
Listen to the day now,  
All the knowing's clear if we want to hear  
Listen to the day now  
Plants and creatures, nature shows how  
Paradise is here now  
No time to delay  
It's our chance to be now  
Living breathing  
We are one with nature's whole  
Part of paradise

Viv Manning

# Contact

INSPIRA TEATRE  
[www.inspirateatre.com](http://www.inspirateatre.com)  
[info@inspirateatre.com](mailto:info@inspirateatre.com)

+34 626 695 242 (Gemma - Production)

<https://www.facebook.com/ciainspirateatre/>  
<https://www.instagram.com/inspirateatre>

